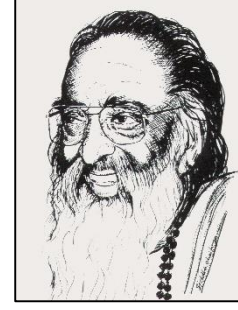


CHINMAYA BALA VIHAR PRAYERS

Guru-stotram



<i>akhanda-mandalakaram tatpadam darshitam yena</i>	<i>vyaptam yena characharam tasmai shri gurave namah</i> 1
<i>agyana timirandhasya chakshur-oonmeelitam yena</i>	<i>gyananjana shalakaya tasmai shri gurave namah</i> 2
<i>gurur-brahma gurur-vishnu guru-sakshat para-brahma</i>	<i>gurur-devo maheshwarah tasmai shri gurave namah</i> 3
<i>sthavaram jangamam vyaptam tatpadam darshitam yena</i>	<i>yat kinchit sacharacharam tasmai shri gurave namah</i> 4
<i>chinmayam vyapi yat-sarvam tatpadam darshitam yena</i>	<i>trailokyam sacharacharam tasmai shri gurave namah</i> 5
<i>sarva-shruti shiro-ratna vedantambuja suryo yah</i>	<i>virajita-padambujah tasmai shri gurave namah</i> 6
<i>chaitanya shashwatah shanto bindunaada kalatitah</i>	<i>vyomatito niranjanah tasmai shri gurave namah</i> 7
<i>gyanshakti-samaroodhah bhukti-mukti -pradata cha</i>	<i>tattwamala vibhooshitah tasmai shri gurave namah</i> 8
<i>aneka-janma-sampraptah atma-gyana-pradanena</i>	<i>karma-bandha-vidahine tasmai shri gurave namah</i> 9
<i>shoshanam bhavsindhoshcha guroh-padodakam samyak</i>	<i>gyapanam saarsampadah tasmai shri gurave namah</i> 10
<i>na guror-adhikam tattvam tattva-gyanaat-param nasti</i>	<i>na guror-adhikam tapah tasmai shri gurave namah</i> 11
<i>mannaathah shri jagan-nathah madatma sarva-bhutatma</i>	<i>mat-guru-shri jagad-guruhu tasmai shri gurave namah</i> 12
<i>gururadi-ranadish-cha guroh-parataram nasti</i>	<i>guruh-parama-daivatam tasmai shri gurave namah</i> 13

tvameva mata cha pita tvameva tvameva bandhushcha sakha tvameva
tvameva vidya dravinam tvameva tvameva sarvam mama-dev-deva



Bala Vihar Invocation

om saha na-vavatu,
saha veeryam karavavahai,
ma vidvishavahai,

saha nou bhunaktu,
tejasvina-vadhita-mastu,
om shantih, shantih, shantih

vakratunda mahaakaaya
nirvighnam kuru me dev

soorya koti samaprabha
sarva kaaryeshu sarvada

saraswati namastubhyam
vidyarambham karishyami

varade kaama roopini
siddhir bhavatu me sadaa

sadashiva samaarambhaam
asmadachaarya paryantaam

sankaraachaarya madhyamaam
vande guru paramparaam

samasta jana kalyaane
namami chinmayam devam

niratam karunamayam
sadgurum brahama vidvaram

bhavaani shankarau vande
yaabhyam vinaa na pashyanti

shraddha vishwasa roopinau
siddha swantasthameeshwaram

vasudeva sutam devam
devaki paramanandam

kamsa chanoora mardanam
krishnam vande jagadgurum

ramaya rama bhadraya
raghunathaya nathaya

ramachandraya vedhase
sitayah pataye namah

buddhir balam yasho dhairyam
ajaadyam vaakpatutvam cha

nirbhayatvam arogata
hanumat smaranaat bhavet

om trayambakam yajamahe
urvarukamiva bandhanaan

sugandhim pushtivardhanam
mriyos muksheeya ma amrutaat

om swastiprajabhya paripalayantam, nyayena margena mahim maheeshaah
gobrahmanebhya subhamastu nityam, loka samasta sukhino bhavantu,
kale varshatu parjanya, prithvi sasyasalini,

des Hoyam kshobharahitah, brahmanaah santu nirbhayaah
om sarvesham swastirbhavatu, sarvesham shatir bhavatu,
sarvesham poornam bhavatu, sarvesham mangalam bhavatu,
sarve bhavantu sukhinah, sarve santu niramayaah,
sarve bhadrani pasyantu, ma kaschit dukhabhag bhavet,
om asatoma sadgamaya, tamasoma jyotirgamaya, mrityorma amrutam gamaya
om purnamadah purnamidam purnaat purnamudachyate,
purnasya purnamadaya purnamevaat avasishyate, om shantih, shantih, shantih

om sham no mitra-sham varunah, sham no bhavataryama,
sham nah indro brihaspathih, sham no vishnu-rurukramah,
namo brahmane, namaste vayo, twa-meva pratyaksham brahmasi,
twameva pratyaksham brahma vadishyami,
ritham vadishyami, satyam vadishyami, tanmamavatu, tadvaktaramavatu,
avatu maam, avatu vataaram, om shantih, shantih, shantih

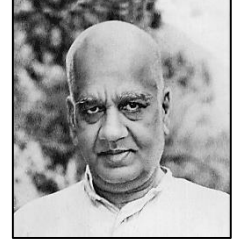


Gurupaduka-stotram

<i>anantha-samsara-samudhra-tara vairagya-samrajyadapoojanabhyam</i>	<i>naukayithabhyam guru-bhaktitabhyam, namo namah sri guru-padukabhyam</i>	1
<i>kavithva-varashi-nishakarabhyam dhoorikruthanamra-vipathatibhyam,</i>	<i>dourbhagya-davambuda-malikaabhyam namo namah sri guru-padukabhyam</i>	2
<i>natha yayoh sripatitam samiyuh mookascha vachaspatitam hi tabhyam</i>	<i>kadachidapyasu daridravyah namo namah sri guru-padukabhyam</i>	3
<i>naleeka-neekasa-padahritabhyam namajjanabheeshta-tati-pradabhyam</i>	<i>nana vimohadi-nivarikaabhyam namo namah sri guru-padukabhyam</i>	4
<i>nrupali-moulee-braja-ratna-kanthi nrupadvadabhyam nata-loka-pankthe</i>	<i>saridvi-rajajjha-shakanya-kabhyam namo namah sri guru-padukabhyam</i>	5
<i>papandhakaraarka-paramparabhyam jadyabdhi-samsoshana-vadavabhyam</i>	<i>tapathryaheendra-khageswarabhyam namo namah sri guru-padukabhyam</i>	6
<i>shamadhi-shatka-prada-vaibhavabhyam ramadhavanghri-sthira-bhaktitabhyam</i>	<i>Samadhi-daana-vratha-deekshitabhyam namo namah sri guru-padukabhyam</i>	7

swarcha-paranam-akhileshtatabhyam swaha-sahayaksha-durndarabhyam
swantaccha-bhaava-prada-pujanabhyam namo namah sri guru-padukabhyam 8

kaamadhi-sarpa-vraja-gaarudabhyam viveka-vairagya-nidhi-pradabhyam
bodha-pradabhyam druta-mokshatabhyam namo namah sri guru-padukabhyam 9



Sri Tapovana-Satkam

vyaptam jagadyena cidatmabhaavaad rajjva yatahirhi caracaram yat
sannyasya sarvam ca sadaatma bhaave swayam samastam ca babhoova yastu
nihsanga-nirmukti-padam prapadya brahmaatama-bhavana viraajito yah
sri-soumya-kaasisa-mahesvaraaya tasmai namah swami-tapovanaaya 1

akhanda-bhaavah sivaroopa-tattvah chiti-svabhaavah paramaatma-satyah
satyasya satyah sudhiyaiva gamyah parah pradhanaat paramesvaro yah
aadyant-hino nirapeksa-diptih svatah svarupena viphullito yah
sri-soumya-kaasisa-mahesvaraaya tasmai namah swami-tapovanaaya 2

mantunna shakyo manasa kadaacid vaktum na kenaapi tatha na vacaa
boddhum ca buddhyapi tatha na sakyo buddhyaadi-saaksi khalu kevalo yah
sarvendriyatita-pada-sthitopi sarvendriya-prerayitaa paro yah
sri-soumya-kaasisa-mahesvaraaya tasmai namah swami-tapovanaaya 3

suddhati-suddham ca sadaa prabuddhah visvesvaro visvaparah prasannah
vyapi parabrahmani modamaanah vedananta-saarah sudhiyaam saranyah
eko vashi sarva bhutadhivaasah sarvaadhipah sarva-jivaatmako yah
sri-soumya-kaasisa-mahesvaraaya tasmai namah swami-tapovanaaya 4

asabdam-asparasam-arupavac-ca tathaarasam nityam-agandhavac-ca
niranjanan nitya-niriham-ekam buddheh param nirguna-saddhruvam ca
guhyam gabhiram gaganopamam yam pasyanti nirdhuta-malaa yatindraah
sri-soumya-kaasisa-mahesvaraaya tasmai namah swami-tapovanaaya 5

tejomayam divyam-ameya-saktim sanaatanam saantam-anaamayam ca
advaitam-aascaryam-acintya-rupam paraatparam nityam-anantam-aadyam
jnaana-prakaasena visuddha-sattvah yam pasyati svaatmani cintyamaanam
sri-soumya-kaasisa-mahesvaraaya tasmai namah swami-tapovanaaya 6

Bhagavad Gita chapter 16

Om śrī paramātmāne namaḥ. atha ṣoḍaśo'dhyāyaḥ.

daivāsurasampadvibhāgayogaḥ

śrībhagavān uvāca

abhayaṁ sattvasaṁśuddhiḥ

dānaṁ damaśca yajñaśca

jñānayogavyavasthitiḥ

svādhyāyastapa ārjavam

01

ahiṁsā satyamakrodhaḥ

dayā bhūteṣvaloluptvam

tyāgaḥ śāntirapaiśunam

mārdavaṁ hrīracāpalam

02

tejaḥ kṣamā dhṛtiḥ śaucam

bhavanti sampadam daivīm

adroho nātimānitā

abhijātasya bhārata

03

dambho darpo'bhimānaśca

ajñānaṁ cābhijātasya

krodhaḥ pārūṣyameva ca

pārtha sampadamāsurīm

04

daivī sampadvimokṣāya

mā śucaḥ sampadam daivīm

nibandhāyāsurī matā

abhijāto'si pāṇḍava

05

dvau bhūtasargau loke'smin

daivo vistaraśaḥ proktaḥ

daiva āsura eva ca

āsuram pārtha me śṛṇu

06

pravṛttiṁ ca nivṛttiṁ ca

na śaucam nāpi cācāraḥ

janā na vidurāsurāḥ

na satyam teṣu vidyate

07

asatyamapraṭiṣṭham te

aparasparasambhūtam

jagadāhuranīśvaram

kimanyatkāmahaitukam

08

etāṁ dṛṣṭimavaṣṭabhya

prabhavantyugrakarmāṇaḥ

naṣṭātmāno'lpabuddhayaḥ

kṣayāya jagato'hitāḥ

09

kāmamāsritya duṣpūram

mohādgrhītvāsadgrāhān

dambhamānamadānvitāḥ

pravartante'śucivratāḥ

10

cintāmaparimeyām ca

kāmopabhogaparamāḥ

pralayāntāmupāśritāḥ

etāvaditi niścitāḥ

11

āsāpāśāsatairbaddhāḥ

ihante kāmabhogārtham

kāmakrodhaparāyaṇāḥ

anyāyenārthasañcayān

12



<i>idamadya mayā labdham idamastīdamapi me</i>	<i>imam̄ prāpsyē manoratham bhaviṣyati punardhanam</i> 13
<i>asau mayā hataḥ śatruḥ īśvaro'hamaham̄ bhogī</i>	<i>haniṣyē cāparānapi siddho'ham̄ balavānsukhī</i> 14
<i>āḍhyo'bhijanavānasmi yakṣyē dāsyāmi modiṣyē</i>	<i>ko'nyo'sti sadṛśo mayā ityajñānavimohitāḥ</i> 15
<i>anekacittavibhrāntāḥ prasaktāḥ kāmabhogeṣu</i>	<i>mohajālasamāvṛtāḥ patanti narake'śucau</i> 16
<i>ātmasaṁbhāvitāḥ stabdhāḥ yajante nāmajñāiste</i>	<i>dhanamānamadānvitāḥ dambhenāvidhipūrvakam</i> 17
<i>ahaṅkāram̄ balaṁ darpam māmātmaparadeheṣu</i>	<i>kāmar̄ krodham̄ ca saṁśritāḥ pradviṣanto'bhyasūyakāḥ</i> 18
<i>tānaham̄ dviṣataḥ krūrān kṣipāmyajasramaśubhān</i>	<i>saṁsāreṣu narādhamān āsurīṣveva yoniṣu</i> 19
<i>āsurīm̄ yonimāpannāḥ māmaprāpyaiva kaunteya</i>	<i>mūḍhā janmani janmani tato yāntyadhamām̄ gatim</i> 20
<i>trividham̄ narakasyedam kāmaḥ krodhastathā lobhaḥ</i>	<i>dvāram̄ nāśanamātmanaḥ tasmādetattrayam̄ tyajet</i> 21
<i>etaivimuktaḥ kaunteya ācaratyātmanaḥ śreyah</i>	<i>tamodvāraistribhirnaraḥ tato yāti parām̄ gatim</i> 22
<i>yaḥ śāstravidhimutsṛjya na sa siddhimavāpnoti</i>	<i>vartate kāmakārataḥ na sukham̄ na parām̄ gatim</i> 23
<i>tasmācchāstrar̄am̄ pramāṇam̄ te jñātvā śāstravidhānoktam</i>	<i>kāryākāryavyavasthitau karma kartumihārhasi</i> 24

Om tat sat

iti śrīmad bhagavad gītāsu upaniṣatsu brahmavidyāyām̄ yogasāstre
śrīkṛṣṇārjunasaṁvāde daivāsurasampadvibhāgayogo nāma ṣoḍaśo'dhyāyaḥ



Totakashtakam

viditakhila sastra sudha jalathe mahitopanisad-kathitarthanidhe
hrdaye kalaye vimalam caranam bhava sankara desika me saranam ||1||

O thou, the knower of all the milk-ocean of scriptures! The expounder of the topics of great upanisadic treasure-trove! On thy faultless feet I meditate in my heart. Be thou my refuge o master, Sankara

karuna-varunalaya palaya maam bhvasagara-dukha-viduna-hrdam
rachayakhila-darshana-thatvaidam bhava sankara desika me saranam ||2||

O the ocean of compassion! Save me whose heart is tormented by the misery of the sea of birth! Make me understand the truths of all the schools of philosophy! Be thou my refuge o master, Sankara

bhavata janata suhita bhavita nijabodha-vicharana-charumate
kalayeshvara-jiva-viveka-vidam bhava sankara desika me saranam ||3||

By Thee, the masses have been made happy. O thou who hast a noble intellect skilled in the inquiry into self-knowledge! Enable me to understand the wisdom relating to god and the soul. Be thou my refuge o master, Sankara

bhava eva bhavaaniti me nitaraam samajayata chetasi kautukita
mama varaya mohamahajaladhim bhava sankara desika me saranam ||4||

Knowing that thou art verily the supreme lord, there arises overwhelming bliss in my heart. Protect me from the vast ocean of delusion. Be thou my refuge o master, Sankara

sukrte-dhikrete bahudha bhavato bhavita samadarshana-lalasata
atideenamimam paripalaya mam bhava sankara desika me saranam ||5||

Desire for the insight into unity through thee will spring only when virtuous deeds are performed in abundance and in various directions. Protect this extremely helpless person. Be thou my refuge o master, Sankara

jagateemavitum kalitakritayo vicharanti mahaa-maha-saschalatah
ahimamchurivatra vibhasi guro bhava sankara desika me saranam ||6||

Oh teacher! For saving the world, the great assume various forms and wander in disguise. Of them, thou shines like the sun. Be thou my refuge o master, Sankara

gurupungava pungavaketana te samatamayata na hi ko'pi sudheeh
saranagata-vatsala tattvanidhe bhava sankara desika me saranam ||7||

O the best of the teachers! The supreme lord having the bull as banner! None of the wise is equal to thee! Thou who art compassionate to those who have taken refuge! The treasure trove of truth! Be thou my refuge o master, Sankara

vidita na maya vishadaikakala na cha kinchana kanchanamasti guro
drutameva vidhehi krupaam sahajaam bhava sankara desika me saranam ||8||

Not even a single branch of knowledge has been understood by me correctly. Not even the least wealth do I possess, o teacher. Bestow on me quickly thy natural grace. Be thou my refuge o master, Sankara



Janmadina song (Happy Birthday song)

janma-dinam idam, ayi priya sakhe shantanotu te, sarvadâ mudam
prârthayâmahe, bhava shatâyushi îshvaras-sadâ, tvâm cha rakshatu
punya karmanâ, kîrtim arjaya jîvanam tava, bhavatu sârthakam

O dear friend! May this birthday bring auspiciousness and joy to you forever! Indeed, we all pray for your long life. May the Lord always protect you! By noble deeds, may you attain fame, and may your life be fulfilled!



Shrî Chinmaya Ārati

ārati shrî chinmaya sadguru kī, divya-rūpa mūrati karuṇā kī ārati sadguru kī
charaṇo mein unake shānti samāye, sharaṇāgata kī bhrānti mitāye
pāpa tāpa santāpa haraṇa kī, ārati shrî chinmaya sadguru kī ārati sadguru kī
veda upanishada gītā ko gāyā, dharma sanātana phira se jagāyā
shuddha-nīti prīti shankara kī, ārati shrî chinmaya sadguru kī ārati sadguru kī
siddhabāri kī tapo-bhūmi mein, nitya virāje guru humāre
bhakta hrdaya ānanda srota kī, ārati shrî chinmaya sadguru kī ārati sadguru kī

We offer prayers our Sat-Guru, Shri Swami Chinmayananda. In whom divinity and compassion are personified. His feet are the abode of Peace. He removes the misapprehensions of those who surrender to Him and loots away their sins, sorrows, and anxieties. He sang (gave discourses on) the Vedas, Upanishads and Shrimad Bhagavad Gita, and rekindled the light of Sanatana Dharma. He loved and expounded on the pristine logic of Adi Shankara's philosophy (of Advaita Vedanta, or "Oneness"). Our revered Gurudeva resides eternally in Siddhabari (literally, "the abode of Perfection"), in the land of austerities (inhabited by the ancient rishis). He is the eternal source of Bliss in the hearts of His devotees.

